

Amendments to the specification:

Please cancel the title, and add the following new title:

HEAD RESTRAINT FOR MOTOR VEHICLE

On page 6, lines 19-28, please amend the drawing descriptions as follows:

Fig. 1 shows a side view of a head restraint according to the invention,

Fig. 2 shows ~~an opened~~ a rear view of the head restraint of FIG. 1 according to the invention,

Fig. 3 shows a side view of the head restraint ~~in~~ of FIG. 2 viewed in cross section, and

Fig. 4 shows an isolated view of a locking plate according to the invention.